



RESORT ACTIVITIES



## THE NEW KIDS CLUB

A myriad of activities at the Camp Hyatt offer unlimited fun and a creative environment to bring the family together and create unforgettable memories.

A first in Thailand, Hyatt Regency Phuket is proud to bring Halo Cubic play towers and cubes from Finland. This award-winning line of modern tree houses provides a safe and exciting playground and stands invitingly next to the central dining establishments and the all-new Camp Hyatt Kids Club.

Enjoy great selections of authentic locale-based experiences, unique recreational offerings, imaginative fun and interactive group challenges designed to stimulate creativity and foster engagement and connection. Complete the family experience with themed child-friendly adjoining rooms for a memorable tropical getaway.



## HALO CUBIC, PHUKET'S ONLY VERTICAL ADVENTURE PLAYGROUND

Height is a fundamental element of exciting play. Rising to nearly eight meters, this tower consists of three elements (a cube and two cuboids on top of each other) and offers users a chance to test their limits. How high do you dare to climb? Are you brave enough to walk on the transparent floor? Will you climb down or speed down one of the two tube slides? Tube slides are available also in stainless steel.

## KID'S AND FAMILY

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### BATIK

A technique of wax-resist dyeing applied to a fabric using canting. This ancient art is popular in three Southern border provinces of Thailand. Each area has its intricate unique pattern, and Phuket, being located on the West coast, is known for its colorful patterns inspired by the sea and tropical flowers.



### ECO PRINTING

The process of transferring the color of leaves, flowers or rusty elements found at the resort to paper.



### PALM LEAF WEAVING

A fun craft activity for the entire family. Learn a simple palm weaving method to make toys and various shapes.

## KID'S AND FAMILY

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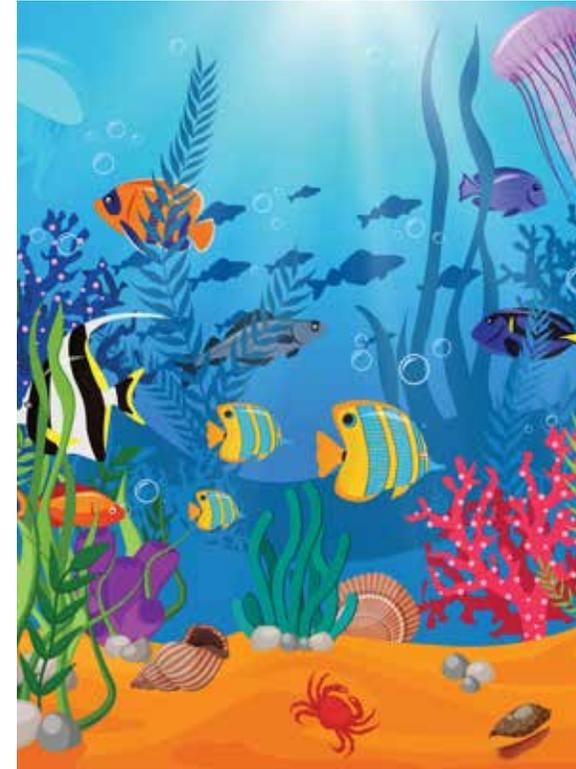
### SEA SHELL HANGING

Get creative using shells from the beach and turn them into a beautiful wall mobile using twine strings, ropes and wood.



### TOWEL FOLD

Learn how to fold towels into cute animal shapes such as swans and elephants.



### OCEAN DRAWING

Imagine an underwater kingdom and learn how to draw the ocean effortlessly.

## KID'S AND FAMILY

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### KID'S NAIL PEDICURE

Relax while having your nails decorated with funky nail art.



### MERMAID NECKLACE

Make a mermaid shell necklace with beads and pearls. A great and memorable keepsake.



### JELLY CANDLE

Design a sea world with decorative gel candles in different colors of sand with sea animal figurines and artificial plants.

## KID'S AND FAMILY

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### PAPER UMBRELLA PAINTING

Learn to paint on a paper umbrella using poster color. A fun art project for all ages.



### DOLL PAINTING

Paint a doll in the shape of an animal or cartoon character made of plaster.



### SOAP PAINTING

Hand paint the soaps, add details and turn the soap into finished art.

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## KID'S AND FAMILY

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### MAGICAL BAG

Create a customized bag by drawing patterns and painting with acrylic paint.



### BRACELET

Get creative with beads. Learn bead crafts to create beautiful bracelets.



### HENNA

A traditional art form handed down from generation to generation. Create fun designs and temporary tattoo using henna.

## KID'S AND FAMILY

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### SAND ART

A super-fun activity to create and decorate sand art in a glass using colored sand and melons.



### QUICK CUP

This is a fast stacking and matching game. Draw a card, and race to arrange multicolored cups in the same color pattern, stacking them to match the picture on the card.



### OCEAN POPSICLE STICK TAKE

Take popsicle sticks, and create a picture frame. Use colored sand and shells to decorate it.

## KID'S AND FAMILY

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### THAILAND CARVING

Fruit and vegetable carvings are a significant part of Thailand's history. Learn about the meticulous art that transforms food into edible art.



### JUNIOR MASTER CHEF

This is a fun cooking class for young, budding chefs to learn and compete while creating delicious recipes.



## POOL & OUTDOOR KIDS & FAMILY ACTIVITIES

## KID'S AND FAMILY

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### ANIMAL YOGA

Practice simple animal-themed yoga to strengthen the mind-body connection.



### SAND CASTLE

Have fun building various sand structures at the beach. Enjoy the fresh air and the Phuket sunshine.



### KID'S AEROBIC

This activity combines music and movement for a fun workout that improves wellbeing and health.

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## KID'S AND FAMILY

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### FAMILY POOL GAMES

Beat the heat, and cool off in the water. Take part in water sports and activities such as snorkeling, rowing races and many more to keep the fun going all day long.



### ECO GARDEN

Share the joy of gardening in this interactive and educational activity. Learn how to nurture plants, protect seedlings, recycle and reuse. Kids can take part in the "Certified Green Fingers" program, and those who pass with flying colors will get a chance to take home rainbow chili seeds and a certificate.



### SHORE WALKS

Safely ramble to the house reef along a historical pathway that is exposed during low tide. This guided coastal walk along the beach in front of our resort is supervised by our knowledgeable team from the Dive Center and provides insights into how the beach and rock formations evolved over millions of years.

## KID'S AND FAMILY

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### **HIN MARE TAO (TURTLE ROCK ACTIVITY)**

Visit 'Hin Mare Tao,' or Mother Turtle Rock, engage in coloring activities and build baby turtle sandcastles on the beach.



### **AQUA EXERCISE**

This is a low-impact, strength-building exercise that uses water as a natural form of resistance. Done to the rhythm of fun music, this activity is suitable for all ages.

*\* Available as a family activity only.*



### **FAMILY ACTIVITIES BY THE POOL**

*\* Available as a family activity only.*



## LIFESTYLE AND WELLNESS

- Fitness Center
- Sunset Terrace
- Oceanfront Infinity Pool

## TEEN AND ADULTS

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### GENTLE YOGA

This is a mind and body awareness practice that focuses on stretching and breathing to provide mental relaxation.



### MUAY THAI

Learn basic movements, footwork and attack and defense techniques. Classes involve pad work and light contact drills.



### PILATES MAT

This is a low-impact workout effective at strengthening, lengthening and toning your muscles through controlled, repetitive movements. Pilates helps build flexibility and a strong body while improving posture.

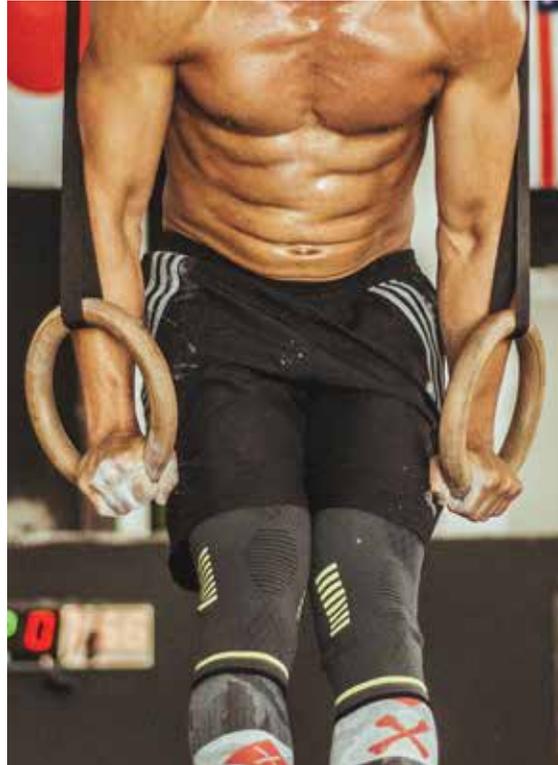
## TEEN AND ADULTS

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### **TAI CHI**

Tai chi is a Chinese martial arts practice for defense training that provides health benefits and incorporates meditation. Boost your upper and lower body strength and flexibility.



### **ABS & BUNT**

Tone more muscles at once with this abs and buns workout. The exercise focuses on strengthening the core muscles of the abdomen and buttocks.



### **BODY WORKOUT OR HIIT**

HIIT stands for high-intensity interval training, which refers to the short bursts of intense exercise that alternate with low-intensity recovery periods that make up this workout.

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## TEEN AND ADULTS

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### MORNING JOGGING

This is a low-impact exercise that helps build strong bones and improves cardiovascular fitness and body stamina.



### POWER WALK

Power walking is the act of walking at a high speed while making exaggerated arm movements. This low-impact exercise is suitable for all ages and helps build strength and mobility.



### STRETCHING

This is a type of exercise that can help reduce pain and stiffness in muscles and increase flexibility.



### AQUA EXERCISE

This is a low-impact, strength-building exercise that uses water as a natural form of resistance. Done to the rhythm of fun music, this activity is suitable for all ages.

*\* Available as a family activity only.*

# DAILY ACTIVITIES

DAY	TIME	KID'S ACTIVITIES AT CAMP HYATT (4 - 12 YEARS OLD)	TIME	TEEN AND ADULT ACTIVITIES (13 ABOVE YEARS OLD)	TIME	FAMILY ACTIVITIES
MONDAY	9:00 - 10:00	Ocean Drawing	07:00 - 07:45 10:00 - 10:45 14:00 - 14:45	Yoga Sunrise   Sunset Terrance Stretching   Fitness Center Abs & Bunt Workout   Fitness Center	10:00 - 12:00 15:00 - 16:00	Batik T-Shirt *(S)350++, (M)450++, (L)550++   Camp Hyatt Towel Folding   Camp Hyatt
	10:00 - 12:00	Phuket Batik *250++				
	12:00 - 13:00	Lunch Time				
	13:00 - 14:00	Kid's Nail Medicure *250++				
	14:00 - 15:00	Mermaid Necklace				
	15:00 - 16:00	Towel Folding				
16:00 - 17:00	Fan Paiting *250++					
TUESDAY	9:00 - 10:00	Animal Yoga	07:00 - 07:45 10:00 - 10:45 14:00 - 14:45	Morning Jogging   Pool Counter Body Workout   Fitness Center Mat Pilates   Fitness Center	13:00 - 14:00 16:00 - 17:00	Paper Umbrella Painting *450++   Camp Hyatt Shore Walk**   Marine Center
	10:00 - 11:00	Doll Painting *200++				
	11:00 - 12:00	Quick Cups				
	12:00 - 13:00	Lunch Time				
	13:00 - 14:00	Paper Umbrella Painting *450++				
	14:00 - 16:00	Junior Master Chef *1,000++ ( Minimum 3 kids)				
16:00 - 17:30	Shore Walk**					
WEDNESDAY	9:00 - 10:00	Hin Mae Tao *200++ per person	07:00 - 07:45 10:00 - 10:45 14:00 - 14:45	Power Walk   Pool Counter Tai Chi   Fitness Center Muay Thai   Fitness Center	07:00 - 07:45 11:00 - 12:00	Power Walk   Pool Counter Thai Dance   Camp Hyatt
	10:00 - 11:00	Ocean Popsical Stick				
	11:00 - 12:00	Thai Dance				
	12:00 - 13:00	Lunch Time				
	13:00 - 14:00	Magical Bag *300++				
	14:00 - 16:00	Kids VS Parents *500++ (Minimum 3 kids)				
16:00 - 17:30	Bracelet *200++					
THURSDAY	9:00 - 10:00	Kid's Aerobic	07:00 - 07:45 10:00 - 10:45 14:00 - 14:45	Aqua Exercise   Pool Counter Stretching   Fitness Center Body Workout   Fitness Center	07:00 - 07:45 16:00 - 17:00	Aqua Exercise   Pool Counter Shore Walk**   Marine Center
	10:00 - 11:00	Henna *(S)200++, (M)300++, (L)400++				
	11:00 - 12:00	Eco Printing				
	12:00 - 13:00	Lunch Time				
	13:00 - 14:00	Sand Art *450++				
	14:00 - 15:00	Quick Cups				
15:00 - 16:00	Batik Painting *500 ++ per family					
16:00 - 17:30	Shore Walk**					

# DAILY ACTIVITIES

DAY	TIME	KID'S ACTIVITIES AT CAMP HYATT (4 - 12 YEARS OLD)	TIME	TEEN AND ADULT ACTIVITIES (13 ABOVE YEARS OLD)	TIME	FAMILY ACTIVITIES
FRIDAY	9:00 - 10:00	Hin Mae Tao *200++ per person	07:00 - 07:45	Boot Camp   Pool Counter	15:00 - 16:00	Seashell Hanging *300++
	10:00 - 11:00	Brecelet *200++	10:00 - 10:45	Tai Chi   Fitness Center	16:00 - 17:00	Camp Hyatt
SATURDAY	11:00 - 12:00	Origami	14:00 - 14:45	Body Workout / HIIT   Fitness Center		Family Activities By The Pool   Pool Counter
	12:00 - 13:00	Lunch Time				
SUNDAY	13:00 - 14:00	Lego Competition				
	14:00 - 15:00	Muffins Decoration *500++ (Minimum 3 Kids)				
FRIDAY	15:00 - 16:00	Seashell Hanging *300++				
	16:00 - 17:30	Family Activities By The Pool				
SATURDAY	9:00 - 10:00	Animal Yoga	07:00 - 07:45	Power Walk   Pool Counter	07:00 - 07:45	Power Walk   Pool Counter
	10:00 - 11:00	Doll Painting *200++	10:00 - 10:45	Abs & Bunt Workout   Fitness Center	15:00 - 16:00	Batik Painting *500 ++ per family   Camp Hyatt
SUNDAY	11:00 - 12:00	My Postcard	14:00 - 14:45	Muay Thai   Fitness Center		
	12:00 - 13:00	Lunch Time				
FRIDAY	13:00 - 14:00	Magical Bag *300++				
	14:00 - 15:00	Thailand Carving				
SATURDAY	15:00 - 16:00	Phuket Batik *250++				
	16:00 - 17:30	Sand Castle***				
SUNDAY	9:00 - 10:00	Hula Hoop Game	07:00 - 07:45	Boot Camp   Pool Counter	07:00 - 07:45	Boot Camp   Pool Counter
	10:00 - 11:00	Sand Art *450++	10:00 - 10:45	Mat Pilates   Fitness Center	14:00 - 15:00	Palm Leaf Weaving   Camp Hyatt
FRIDAY	11:00 - 12:00	pencil Shaving Art	14:00 - 14:45	Gentle Yoga   Fitness Center		
	12:00 - 13:00	Lunch Time				
SATURDAY	13:00 - 14:00	Jelly Candle *(S)250++, (M)350++				
	14:00 - 15:00	Plam Leave Weaving				
SUNDAY	15:00 - 16:00	Seashell Hanging *300++				
	16:00 - 17:30	Fun Game				

## CAMP HYATT ACTIVITIES

- Camp Hyatt is open daily from 8:00 AM to 6:00 PM
- Camp Hyatt is a children's facility
- Activities are available for children aged 4 to 12 years old
- Baby sitting services are available from THB 350, contact anyone of us for more info
- \* Paid activities prices are in Thai Baht and subject to 10% service charge and 7% VAT
- \*\*Activities available depend on water tide and weather
- For more information or if you would like to take part in any activity please contact Camp Hyatt at ext 5391

## TEEN AND ADULTS ACTIVITIES

- Please confirm all activities one day in advance
- Please wear comfortable clothing to attend the session
- Your presence is appreciated 5 minutes before the session begins
- The cooking class is limited to a maximum of three children
- All activities are subject to availability
- For more information or if you could like to take part in any activity please contact ext. 5400 or our Guest Service Centre on ext.



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**HYATT REGENCY PHUKET RESORT**